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Olsztyn – a city which enchanted Copernicus with its atmosphere

Olsztyn is the largest city in Warmia and Masuria. Its location among forests and lakes is its great advantage. More than a dozen lakes and one of the biggest parks in Europe, the Municipal Forest, can be found within the city limits.

Warmia defence architecture from the 14th century, Art Nouveau from the 19th and 20th century, concerts and exhibitions – all these elements give tourists who seek peace and tranquillity an opportunity to escape from the hustle and bustle of everyday life. Standing in front of the famous astronomical table made by Nicolaus Copernicus – who started writing his fundamental work *On the Revolutions of the Heavenly Spheres* at the Olsztyn castle – we are able to feel the unique wind of history. The modern face of history you can meet at the Olsztyn Planetarium.

The investment at the Ukiel Lake is an example of consciously used potential of this place. Along the waterfront we can find piers and jetties, a promenade, bike and waliking trails, sports equipment rentals, a seasonal ice rink, a skate park, a water sports base, a year-round beach volleyball hall, squash and volleyball courts, playgrounds, a car park and facilities for the disabled. The fact that the infrastructure is easily accessed – due to its location near the national road no. 16, the Olsztyn-West train station and the city centre – also gives the whole complex a huge advantage.

www.visit.olsztyn.eu/

Kortosfera



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The Centre for the Popularisation of Science and Innovation Kortosfera of Warmia and Masuria University is the only interactive science centre in Poland focusing on agriculture and the natural environment of Warmia and Masuria. The official opening of the Kortosfera took place on 1 September 2023.

The Kortosfera's seat is located on the university campus at 11A Dybowskiego Street in Olsztyn. The usable area of the building amounts approximately to 2,600 m2, of which the exhibition space occupies approximately 1,676 m2.

The Centre is an integral part of the University of Warmia and Masuria and therefore its offer focuses on issues related to the scientific activities of the university. Visitors to the Kortosfera expand their knowledge of agriculture, food or the effects of diet on human health. The educational offer has been created with the idea of sustainable development, which is pursued by the university, as well as currently important problems such as environmental pollution or climate change.

The Kortosfera Centre for the Popularisation of Science and Innovation has about 140 exhibits arranged in different exhibitions.

The permanent exhibition of the Kortosfera is spread over five floors of the building. The first -UNDERGROUND KINGDOM - located on the ground floor, where the main entrance to the

building is located, introduces visitors to the subject of soil and its fundamental importance in the development and continuity of biological life.

The next exhibition, I SOW THEREFORE I AM - located on the first floor of the Kortosfera, is designed to present the concept of the interaction between man and nature in an interesting and innovative way. It features exhibits on plant cultivation, animal breeding and food production -in the past and present. The exhibition space is located in the immediate vicinity of a group of exhibits dedicated to the theme of physics. The Centre's most spectacular exhibit - the Foucault Pendulum - with a height of about 15 m and a surface area of about 130 m² - occupies three floors of the building and demonstrates experimentally the rotational movement of the Earth around its axis.

On the second floor of the Centre, there is a section dedicated to the structure of the digestive system and the impact of diet on human health. The HUMAN AS EATING BEING exhibition and its interactive exhibits show the consequences of poor nutrition and lifestyle. Its participants learn about the different functions of the parts of the digestive system and the nutrients provided to the body by food.

The High Energy Laboratory is a separate part of the exhibition, also located on the second floor, which is used for high-voltage scientific demonstrations. It houses one of the most spectacular pieces of equipment used in physical demonstrations - the Tesla coil - which makes it possible to generate discharges as long as several metres. Another highlight of the Laboratory is the Van de Graff Generator, which makes it possible to produce an electric spark of up to several metres in length, providing the opportunity for experiments with electric discharges.

Visitors to the third floor of the Kortosfera will learn about HOW TO NOURISH THE FUTURE and how are the environmental costs associated with food production. The exhibits presented in this section present possible solutions to the key challenges of agriculture of the future.

The top floor of the Kortosfera - YOUNG DISCOVERERS OF THE COSMOS - is an exhibition and workshop space designed for children aged 2-6 years. The exhibits and workshops are designed to introduce the youngest visitors to astronomy and basic physical phenomena.

The Kortosfera Centre for the Popularisation of Science and Innovation is not only a modern and interactive permanent exhibition, but also a food laboratory, a biological-chemical laboratory and a microscope laboratory. The Labosfera, or laboratory area of the Kortosfera, is a place that combines theoretical knowledge with practical skills. During the organised classes and workshops, visitors have the opportunity to carry out experiments and experiments in the field of biology and chemistry using equipment used in specialised laboratories.

The Centre's regular offer is regularly enriched by popular science events aimed at both children and adults, as well as cyclical events. For more details, visit the Kortosfera website and social media:

www.kortosfera.uwm.edu.pl/

www.facebook.com/Kortosfera/

Ostróda - the Pearl of Masuria



fot. Muzeum w Ostródzie

Ostróda is a beautiful town with as many as five lakes within its borders. Known as the 'Pearl of Masuria' and the 'summer capital of Masuria', the town is surrounded by picturesque landscapes. The central part of Ostróda is Lake Drwęckie, into which flows the canoe-friendly Drwęca River, which is Poland's longest water reserve.

Ostróda attracts attention with its charming location and rich and modern infrastructure integrated into the landscape of the mother nature. The offer prepared for both tourists and residents satisfies even the most demanding tastes. Lake Drwęckie is one of the places for which Ostróda is so eagerly visited by tourists from Poland and abroad. Modernity combined with nature has proved to be an excellent incentive for the development of tourism in Ostróda. Even a malcontent can be happy here. Above all, Ostróda means active rest in the bosom of nature and the sound of waves and forests. It means sport, effort and relaxation in the fresh air. The town is known for its culture on a regional, national and world scale.

Ostróda is famous for its cyclical events and a very positive attitude towards tourists. It is here that such events as the Ostróda Reggae Festival, which has been attended by crowds of fans of Jamaican rhythms from all over the world for 20 years, and the Ostróda Days, featuring the biggest stars of Polish music, take place every year. The most popular cabaret and stand-up comedians can also be seen here regularly, as well as many other events.

The first building, the majesty of which is clearly visible in modern Ostróda, was erected by the Teutonic Commandant Günther von Hohenstein. The four-winged brick castle was built in the 14th century. After the Battle of Grunwald in 1410, the body of the Grand Master of the

Teutonic Order Ulrich von Jungingen was brought to Ostroda Castle, and in 1807 Emperor Napoleon Bonaparte ruled Europe from Ostróda Castle for almost three months. Today, it houses a Cultural Centre, Museum and Gallery.

In the former old town there is a European Unity Monument unveiled in 2004, bearing the coats of arms of Ostróda, Osterode am Harz (Ostróda's partner town) and the European Union. The obelisk was previously dedicated to the three German emperors.

When visiting Ostróda, a visit to the 14th century church of St Dominic Savio is a must. The church was burnt down twice. Only the stone baptismal font has survived from its former furnishings. The architecture of the church is noteworthy, especially the Gothic portal of the entrance door. There is an Evangelical church built in 1907-1909 in the town. On the tower of the church there is a viewpoint from where we can admire a beautiful panorama of the city. Climbing the 105 steps of the stairs, we can see the mechanism of the pendulum clock and three bells. Nearby, the Neo-Gothic parish church of the Immaculate Conception of the Blessed Virgin Mary, built between 1856 and 1857, features a beautiful Gothic Pieta from around 1400 and beautiful stained-glass windows depicting saints.

In the centre of Ostróda there is Lake Drwęckie, which is an integral part of the town and has a well-developed infrastructure. The main attractions include an 800m-long water-ski lift and the town beach. A modern amphitheatre, the largest roofed facility of its kind in the region, is also located on the waterfront of the European Boulevard. Performances can be watched by 2,500 people at a time. A major attraction near the lake is a fountain equipped with an audiovisual system, and its focal point is a replica of a fisherman's sculpture. Water jets radiate out from the sculpture. The visual effect is accentuated by the granite and wood surroundings, enriched with plants. The eye is drawn to the multicoloured light shows enhanced by music.

The Drwęckie Lake boulevard also leads to a recreational and sports complex, opened in 2011. Right next to the stadium, there is a park complex - Collis Park, which offers a number of attractions for families with children - including a playground, a rope park, climbing walls and power-training equipment. You will find the Bismark Tower here - the first building of its kind in East Prussia. Heading towards Słowackiego Street, you will reach the Family Activity Zone offering a playground, a ropes course, barbecue area or a water sports equipment rental.

You can take a boat trip on Lake Drwęckie. A detailed offer can be obtained from the Customer Service Office at the Drwęckie Lake quay in Ostróda or at <u>www.zegluga.com.pl.</u>

www.ostroda.pl/rekreacja/turystyka/

www.mazury-zachodnie.pl/ostroda/

Radisson Blu Resort & Conference Center, Ostróda



arch. Radisson Blu Resort & Conference Center Ostróda Mazury

Nestled amidst the picturesque landscapes of Poland's Mazurian Lakes, the Radisson Blu Resort & Conference Center, Ostróda Mazury is a testament to the perfect blend of modern luxury and natural beauty of nature. Offering an unrivaled experience, this resort is a haven for both leisure seekers and business travelers.

A Lakeside Retreat

The resort's prime location along the tranquil waters of Drwęckie Lake allows guests to immerse themselves in the soothing embrace of nature. The stunning views from the rooms and suites serve as a constant reminder of the serene environment that surrounds the property.

Luxurious Accommodations

The guest rooms and suites are designed with comfort and sophistication in mind. Each space is thoughtfully furnished, providing a seamless blend of modern amenities and cozy ambiance. Whether you choose a room overlooking the lake or a suite with added amenities, the Radisson Blu ensures a restful stay.

Culinary Delights

Dining at the resort is a culinary journey in itself. The on-site restaurants offer a diverse range of cuisines, from local delicacies to international fare, prepared by skilled chefs using the freshest ingredients. Guests can enjoy their meals while enjoying in the captivating views of the lake.

Aquatic Adventures

One of the standout features of the resort is its impressive aquapark. Catering to guests of all ages, the water park is a playground of slides, pools, and water attractions. It's the perfect spot for families to create lasting memories or for guests seeking a refreshing escape.

Business Excellence

For business travelers, the Radisson Blu Resort & Conference Center is equipped with state-ofthe-art meeting facilities. The spacious conference rooms and cutting-edge technology make it an ideal venue for corporate events, conferences, and seminars.

Wellness and Recreation

The resort's SPA Lava E Sal offers a range of relaxation and rejuvenation options. From saunas to massage therapies, guests can unwind and pamper themselves after a day of exploration or business meetings.

In summary, the Radisson Blu Resort & Conference Center, Ostróda Mazury, offers a holistic experience that combines natural beauty with modern luxury. Whether you seek a peaceful retreat by the lake or a venue for productive business endeavors, this resort sets the stage for an unforgettable stay. It's a destination that invites guests to unwind, explore, and create cherished memories in the heart of Mazury's lakeside paradise.

www.radissonhotels.com/pl-pl/hotele/radisson-blu-resort-conference-ostrodamazury?facilitatorId=RHGSEM&cid=a:ps+b:ggl+c:emea+i:brand+e:rdb+d:cese+r:brt+f:pl - PL+g:ho+h:PLOSTOML+v:cf&gad=1&gclid=EAIaIQobChMIrq3Yg56MggMVLBCiAx1tD w-zEAAYASAAEgJuLPD_BwE&gclsrc=aw.ds